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ACTIVIDAD PRÁCTICA Y JUEGO

Stories4Wings

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Ability to Cope with Social Exclusion

The Garden of Understanding



The Garden of Understanding

Ability to Cope with Social Exclusion

This document includes a **practical activity and a game** to further explore and reflect on the value, skill, or competency of each story.

This activity and game serve as a **supplementary learning tool** to the guide with the questions and reflections, approaching learning from a **playful, active, and participatory perspective**.

These activities aim to reinforce learning through **practice and direct experience**.

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PRACTICAL ACTIVITY

1

Educational Objectives

- Develop empathy by understanding experiences of exclusion.
- Strengthen communication and trust-building skills.
- Encourage participants to recognize the value of diversity and inclusion.
- Build self-confidence in expressing personal experiences and emotions.



Number of Participants

6-15

Duration

60 minutes

Materials Needed

- Printed copies of the story.
- Flipchart or whiteboard.
- Markers.
- Sticky notes.
- Pens.

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Activity Description

1- Introduction (10 min):

- Briefly discuss the theme of the story.
- Ask participants what “social exclusion” means to them.

2- Reflection (10 min):

- Participants write on sticky notes a situation where someone might feel excluded (real or imagined).



3- Group Sharing (15 min):

- Participants form small groups and share their examples.
- Each group selects one situation to discuss further.

4- Solution Mapping (15 min):

- Groups brainstorm ways to respond to exclusion.
- They write practical strategies on the flipchart.

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5. Plenary Discussion (10 min):

- Groups present their ideas.
- Facilitator links responses to themes from the story: e.g: (understanding, empathy, collaboration)

Notes:

- Ensure a safe and respectful environment.
- Participants should not feel pressured to share personal experiences.
- Facilitator should guide discussion constructively.



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2

GAME

Educational Objectives

- Increase awareness of exclusion.
- Practice inclusion through interactive group dynamics.
- Promote mutual support.



Number of Participants

8-15

Duration

30-40 minutes

Materials Needed:

- Role cards (new student “leader, observer, excluded person).
- Simple props.

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Activity Description

1. Setup (5 min):

- Participants are randomly assigned roles (secretly).
- One or two participants are assigned the “excluded” role.



2. Simulation (15 min):

- Participants engage in a group task (e.g., planning a garden project, building something simple).
- Some participants are subtly instructed to ignore or exclude certain individuals.

3. Observation (5 min):

Participants reflect silently on what happened.

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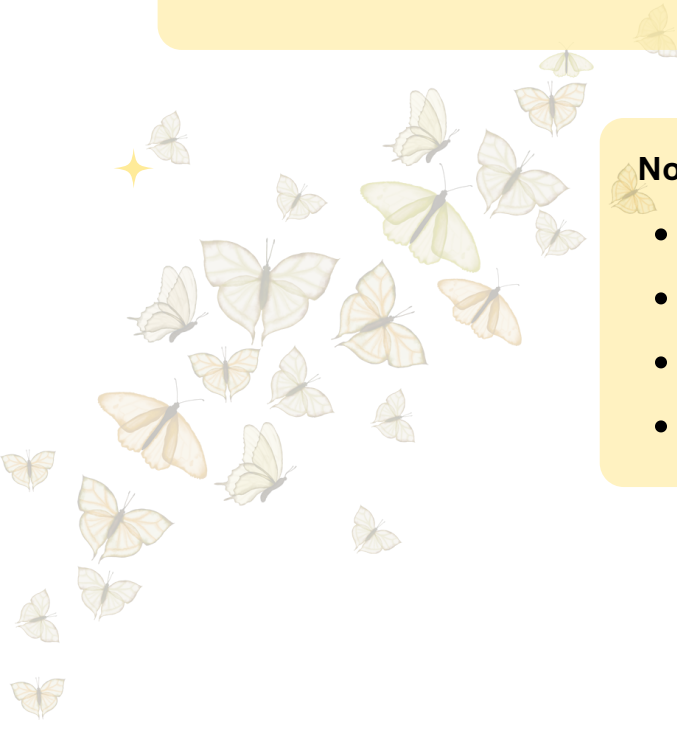
4. Debrief (15 min):

Discuss:

- How did excluded participants feel?
- Did others notice exclusion?
- What could have been done differently?
- Facilitator connects insights to the story's message.

Notes

- Carefully manage emotional impact
- Debriefing is essential.
- Emphasize learning, not blame.
- Adapt intensity depending on group sensitivity.





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